

## Cèilidh Dancing

### PART ONE:

In classroom/video access needed.

**‘Today we’re going to learn about Scotland. Scotland is known for music and dancing and Scotland also has lots of different traditional instruments. These include the drums\*, the bodhràn\*, the fiddle\*, the penny whistle\*, the bagpipes\* and the clarsach\*.’**

\*images joint (scottish instruments.pdf)

Grouse Cèilidh Band: [https://www.youtube.com/watch?v=W7nZrD\\_r-q8](https://www.youtube.com/watch?v=W7nZrD_r-q8)

Teacher to introduce each instrument using flashcards/through charade-like activities.

A. Teacher to give one set of flashcards (one instrument) to each group. When the teacher says the instrument or does the appropriate action, the correct group must hold up their flashcard.

B. Teacher to give either one set of flashcards to each group OR one of every instrument flashcard to all groups.

- Teacher to play short examples of music of each instrument (see audio recordings). Children to listen to recording and then place instruments in the correct order. Useful phrases: ‘what was the first instrument/last instrument?’, ‘What instrument did you hear next?’ and ‘What is the next instrument?’

See audio recording: instruments\_mix

(bodhran/Fiddle/Flute/Harp/Uilleannpipes/Flute/Fiddle/Bodhran/Fiddle/Bodhran/Uilleann pipes/Flute/Harp)

C. Teacher to play a variation on the ‘Simon Says’ game. For example, ‘Simon Says play the... fiddle!’ and children respond with appropriate action. (see audio recording : simon says instruments)

**‘Today we’re going to do a dance called ‘The Military Two-step’. There are many different Scottish traditional dances: jigs, reels, and strathspeys. This dance is a jig.’**

(Video de la danse) [https://www.youtube.com/watch?v=lsS6\\_FRlj7A](https://www.youtube.com/watch?v=lsS6_FRlj7A)

**‘Scottish dances mostly happen during a special party called a cèilidh. During a cèilidh, people dance, sing, recite poems, tell stories or jokes, and have a good time with their family and friends.’**

Teacher to discuss with children. What do you do at parties? Do you dance? Is there traditional/live music? What kind of music do you listen to?

### PART TWO:

In gym/outside

- “Cèilidh band” Fruit salad game (flashcards of instruments)

All children to stand in a circle, teacher to distribute one image to each child (without showing image).

Teacher calls names of instruments and children holding that card swap with each other. Shout “Cèilidh band” for all children to mix.

This game can be used for finding partners for dancing (those with matching cards remain partners).

Teacher to introduce various activities and exercises to introduce instructions used in dance:

- Freeze Game using: **Heel - Toe – Forward - Right – Left - Step - Kick – turn around - Get into line** (see recording instructions)

Children to skip around. Teacher will shout various instructions and students must freeze in form ex. ‘turn around’ - all children turn on the spot.

- Follow the Leader Game (using same vocabulary and principle as Freeze Game)

## PART THREE:

### In gym/outside

Teacher to introduce 'Military Two-Step' dance as noted below. In bold are instructions to be called during the dance.

All children find their partners and make two lines. Boys on the left, girls on the right (or Number 1s, Number 2s; reds, yellows, etc). Hold hands.

With right foot, tap **Heel, Toe, Heel, Toe, Forward, 2, 3. Turn!** Turn to face opposite direction.

Repeat **Heel, Toe, Heel, Toe, Back, 2, 3. Together!** Turn to face each other and hold both hands.

With right foot **Step, kick, step, kick, turn your partner round**

Join hands again and waltz **Round and Round and Round and Round and ready to start again!** In time with the music.

Repeat and have fun!

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### **Notes:**

- *Tous les enfants doivent être en nombre pair.*

Prolongements :

- Folktales to tell at cèilidhs
- Scottish song and poetry (Julie Fowlis, Robert Burns etc.)
- Kilts and national dress
- Occasions to have a cèilidh in school – St. Andrew's Day, Burns' Night, special events (beginning or end of school year)
- La culture irlandais est similaire – comparer les musiques, chansons, langues (gaéliques), instruments